

TASTY TABLE

GLUTEN FREE MENU

info@tastytablecatering.com | (610)-251-0265

NOTE

Quantity of meal flavors
as follows

 Pescatarian


 Dairy Free

 Primary
Regular Meal

 Vegan &
Vegetarian

 Gluten Free

 Dairy

 Has Garlic

 Salad of the day

Minimum on quantity of 5 per item on HOT entrees selected
on both menus and served as individual box meals.

-  Shrimp and Grits with Greens with greens
-  Apricot Salmon with red bliss potatoes and Brussel Sprouts
-  Asian Shrimp Stir Fry with Jasmine Rice
-  Asian Spicy Tofu Stir Fry over rice with Szechuan veggies
-  Bacon Wrapped Scallops with Rice and Asparagus
-  BBQ Salmon Rice Bowl
- REG**  Beef Fajita Bowl
-  Blackened Mahi Mahi Wrap with chips
-  Butternut Squash Risotto with Leeks
-  BYO Ground Chickpea Taco
-  Cauliflower Fried Rice with Portebella a Steak
- REG**  Chicken Fajita over Mexcian Rice Bowl with Sour Cream and Salsa
- REG**  Chicken Picatta red bliss potatoes and roasted veggies
-  Cobb Salad
-  Flank Steak red bliss potatoes and vegetable
-  Garden Salad with Tuna Fish Salad

-  Grilled Chicken Caesar Salad
-  Harvest Salad with Crispy Chickpeas (Cheese on-side)
-  Harvest Salad with Salmon
- REG**  Herb Roasted Chicken red bliss potatoes and string beans
-  Hoisin Salmon with red bliss potatoes and vegetable
-  Hummus Greek Bowl with Feta on side
- REG** Jalapeno Cilantro Lemon Chicken with rice and vegetable
-  Lemon Honey Glazed Salmon with rice and vegetable
-  Moroccan Salad with hummus, cucumbers, almonds
-  Moroccan Salad with Shrimp
-  Sherry Glazed Tofu over Rice with asparagus
-  Teriyaki Salmon with red bliss potatoes and string beans
-  Vegan Chili with Slice jalapeno with roll
-  Warm Trio Veggie over rice - asparagus, brussels sprouts, veggies